



January 31, 2025

CX Solid Foundation & Hoofing for Hope 2025

CX Solid Foundation is a non-profit organization dedicated to supporting the mental health and well-being of Canada's federal correctional officers. As first responders behind the walls, correctional officers face immense psychological stress, yet they remain one of the most under recognized and underserved sectors in public safety. Our mission is to bridge that gap by offering alternative mental health programs that focus on resilience, wellness, and support.

Hoofing for Hope 2025

Hoofing for Hope is our signature awareness and fundraising campaign designed to shine a spotlight on correctional officer mental health. In June 2025, CX Solid founder Stacie Bourdon will embark on a 31-day horseback ride, traveling to all seven federal institutions in Alberta. This journey is not only a test of endurance but a powerful statement—bringing officer wellness out of the shadows and into the communities that rely on their service.

Through partnerships with local businesses, municipalities, and mental health organizations, Hoofing for Hope fosters a crucial dialogue about first responder well-being while directly supporting officers through CX Solid programs. Events along the route will provide opportunities for communities to engage, learn, and contribute to the cause, whether through sponsorships, fundraising events, or simply showing support for those who dedicate their lives to public safety.

How You Can Help

Bringing this initiative to life requires community involvement. Whether through financial sponsorship, event participation, or spreading awareness, your support makes a tangible impact in helping correctional officers access critical mental health resources.

Together, we can make a difference—one hoofbeat at a time.

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