Grande Prairie Youth **Emergency Shelter** Society

# SUNRISE HOUSE giving Youth hope

# WHAT WE DO

Sunrise House is the Youth Emergency Shelter

- We provide emergency shelter to youth ages 12-17 who find themselves needing a safe place to stay
- We work with families, offering support, resources, and mediation
- We provide a safe and supportive environment, encouraging healthy decision making, and strengthening coping skills
- We provide housing options and skills for a brighter future.





# PURPOSE To provide safe, temporary shelter for distress youth ages 12-17 and support services for youth up to age 24.

 Everyone needs a safe place Providing for basic human needs is essential Youth should be given the opportunity to succeed in life Everyone deserves to be treated with dignity and respect •We can make a difference •We all have the responsibility to the community In celebrating youth

#### STRENGTHS-BASED ~ EMPOWERMENT FOCUSED ~ HARM REDUCTION

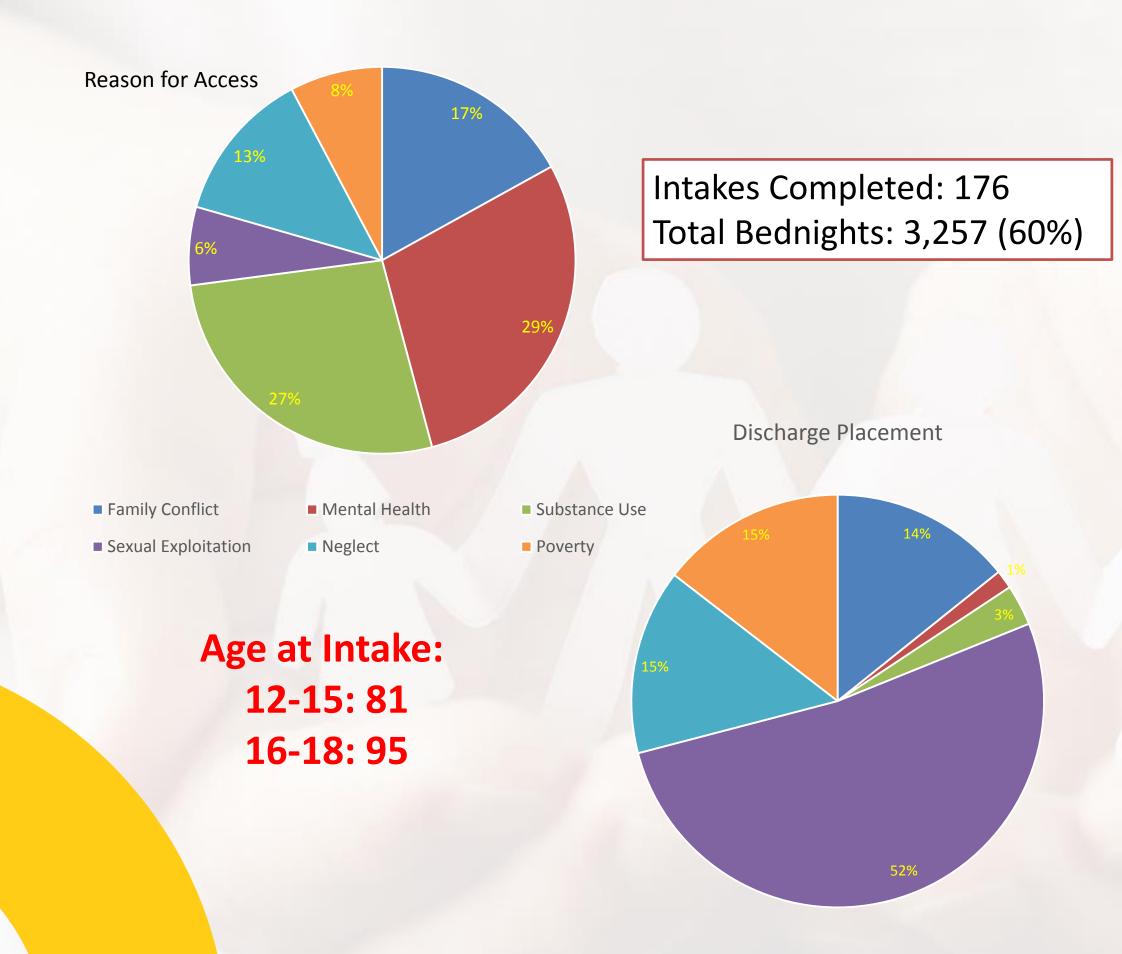
### WE BELIEVE

#### Shelter Program

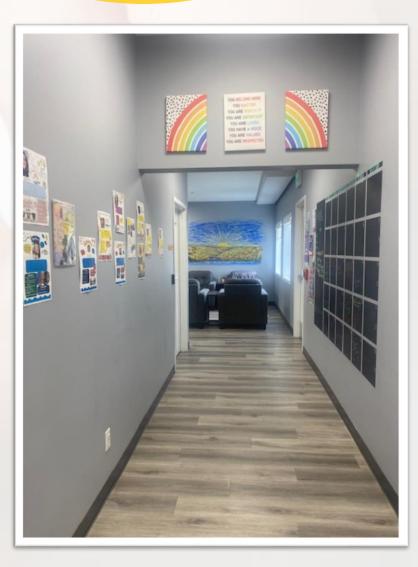
#### Family & Natural **Supports**

#### **KickstandGP**

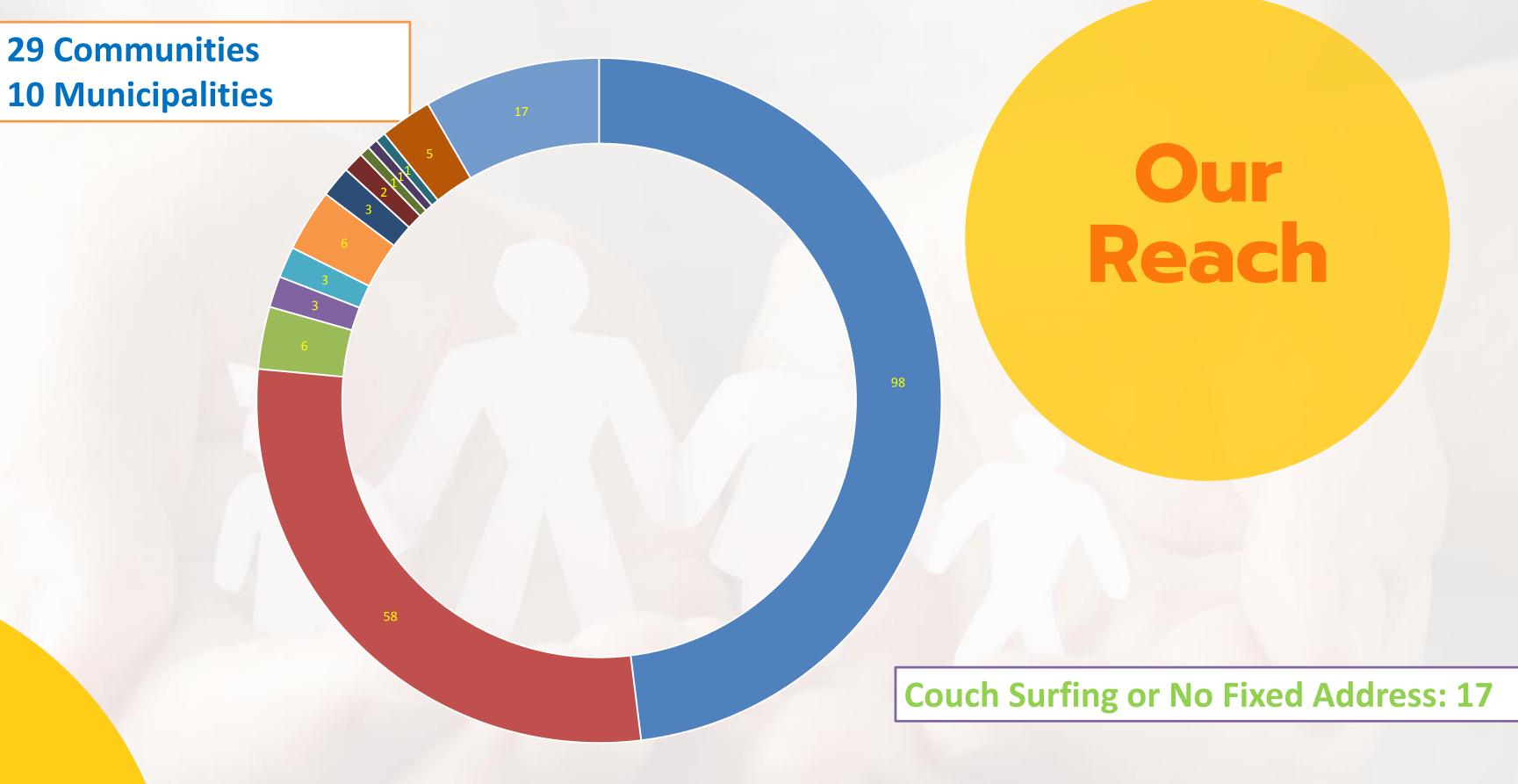
#### The Loft



# SHELTER PROGRAM







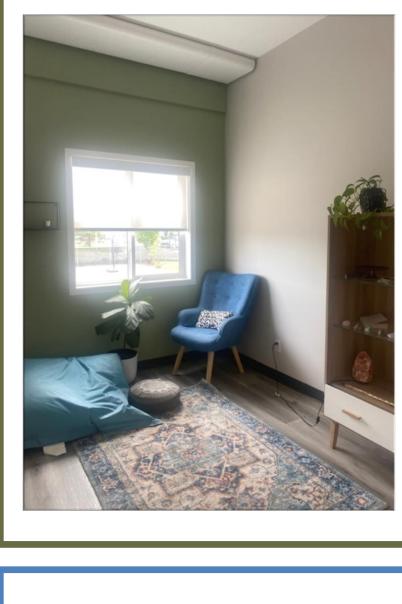
City of Grande Prairie
Parkland County / Edmonton
MD of Smoky River

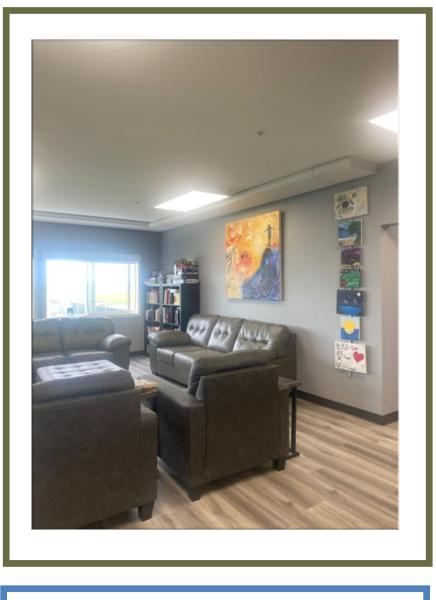
- County of Grande Prairie
- Big Lakes County
- Outside Alberta

- MD Greenview
- Northern Sunrise County
- Couch Surfing of No Fixed Address
- MD Spirit River
- Birch Hills County

MD Fairview

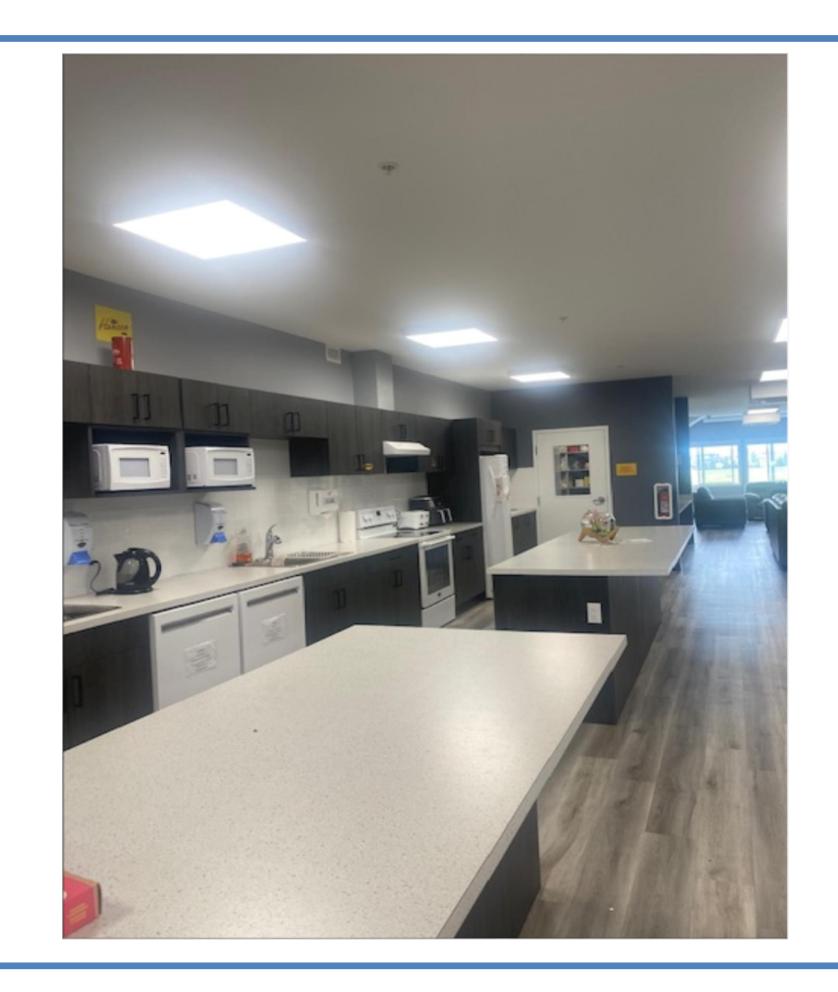
MD District of Opportunity













#### Because we believe family and natural supports is the key to ending homelessness.....

While Sunrise House has been providing family supports since 2012, in 2024 we took the next step by moving Family & Natural Supports as a program to a philosophy of our organization. We believe that family & natural supports is the key to ending child & youth homelessness and that this will directly impact adult homelessness.

In September 2024, we officially began this journey by first cross training our entire shelter team in the Family & Natural Supports framework. From there, the forming of our Champions Table - a combination of staff from all programs to build out the structure we will follow to ensure this important work starts the moment we receive a call for intake.

# FAMILY & NATURAL SUPPORTS



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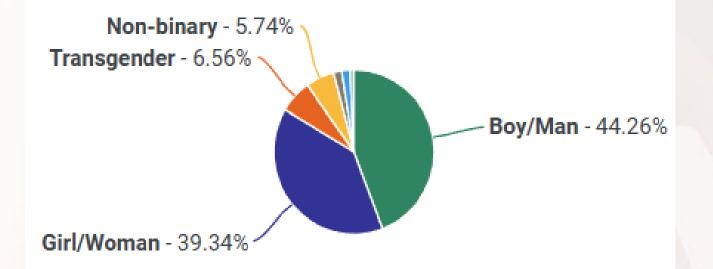
**Families** 

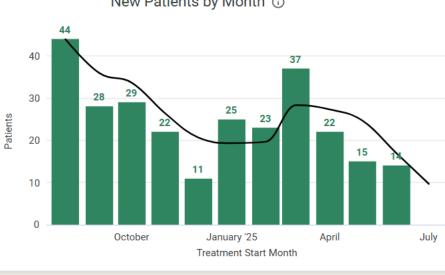
#### Youth supported

# Family & Natural Supports 2024

### 900% Reported improved family connection

#### What is your gender?





358 Total Patients 🛈

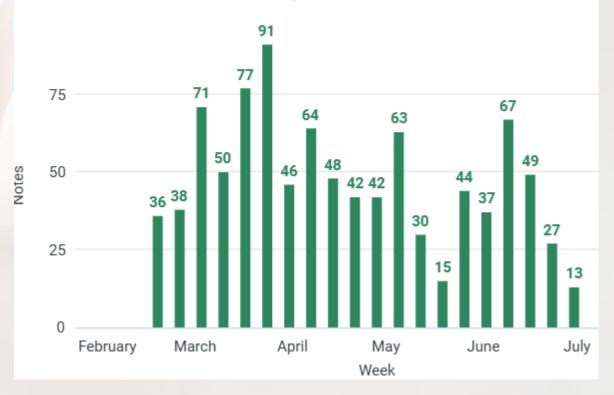
New Patients (Last 30 Days) (i)

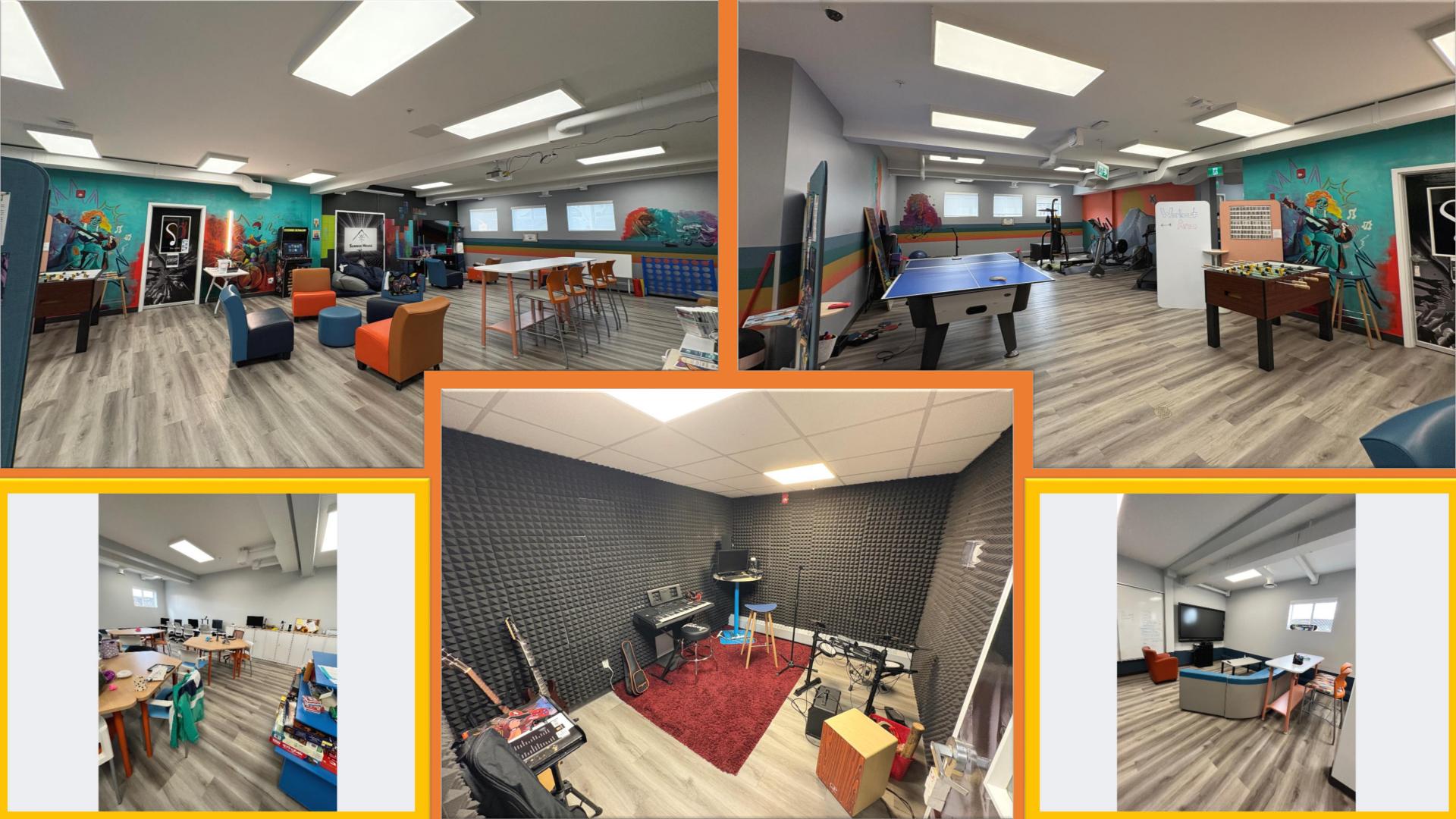
13

New Patients by Month ()

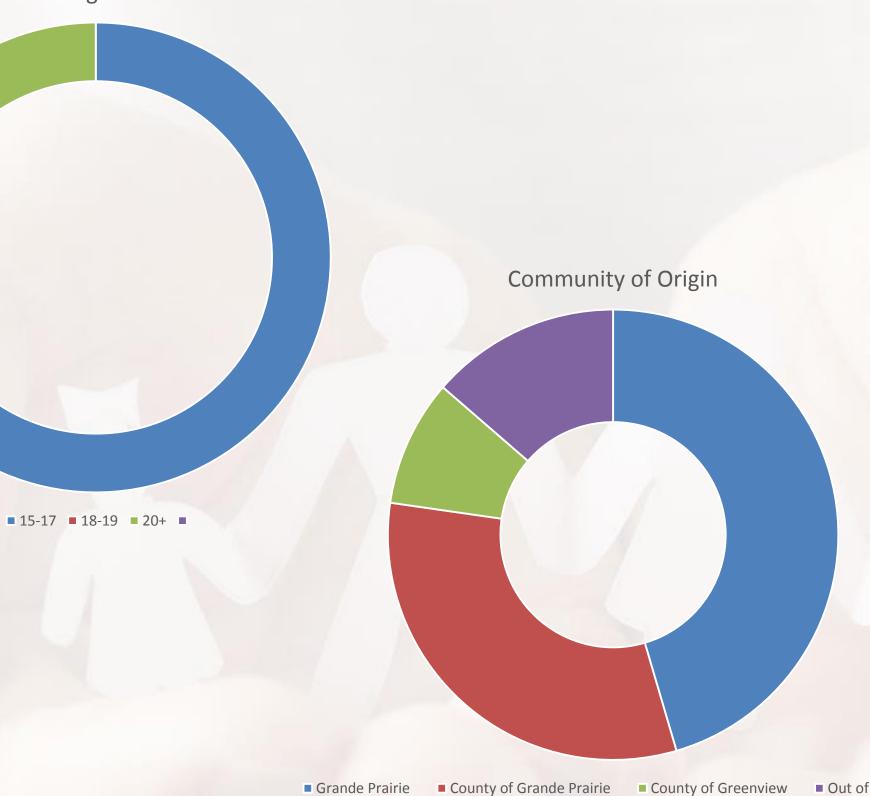
# **VICKS**

Notes by Week 🛈









Ages

# THE LOFT

Since February 2023, 22 youth have resided in the Loft Transitional Units

**Graduation Statistics** 

Out of Province



## How it all comes together



"By failing to implement more effective strategies to address youth homelessness, we are undermining the human rights of these youth. If we really want better outcomes for young people, we must do better."

- WITHOUT A HOME: THE NATIONAL YOUTH HOMELESSNESS SURVEY, 2019

40.1% of youth were younger than 16 when they first experienced homelessness